2024 Over-the-Counter (OTC) Catalog



Thank you for choosing Group Health Cooperative of Eau Claire. As a valued member, you have an over-the-counter (OTC) benefit, providing you access to hundreds of products to help manage your health and well-being.

Keep this booklet where you can easily get to it. You'll want to reference this often and use it to help you order.

Group Health Cooperative of Eau Claire has partnered with Soda Health, under the &more brand, to administer benefits such as over-the-counter items and food & produce offerings. CVS Over the Counter Health Solutions (OTCHS) will facilitate the processing and delivery of OTC orders through online and phone channels.

3 Easy Ways to use Your OTC Benefit

1. ONLINE

andmorehealth.com

- Online ordering at andmorehealth.com is the fastest and easiest way to use your OTC benefit 24/7. Sign in and scroll to the OTC section of the page, where you will be directed to our online ordering partner CVS OTCHS
- Only items shown in this catalog are available for online ordering
- Free shipping is included with your order
- If your item is not in stock, an item of similar or greater value may be substituted in your order at no extra charge to you
- You will need your Cooperative Advantage &more debit card (which you should have received in the mail) to place your order

How to order online

- I. Create a CVS OTCHS account
 - a. If it is your first time placing an online order, you will need to create an account
 - i. To do so, choose the "Create Account" button and follow the instructions

ii. You will need your Cooperative Advantage (HMO D-SNP) member ID, date of birth, ZIP code and current email address

iii. You will also need to create a password

- b. If you need help locating your Cooperative Advantage (HMO D-SNP) member ID, refer to your Cooperative Advantage plan documents or call 1-855-AND-MORE (1-855-263-6673, TTY: 711) 8am - 8pm CT, Monday to Friday
- c. Remember to save your password for future orders. You will need an email address along with your password to sign in again
- d. If you forget your password, choose the "Forgot Password?" button to create a new one
- II. Place an order
 - a. Once you sign in, your OTC benefit amount and balance will show
 - b. Browse through the available products and add to your basket. Your order total will automatically be deducted from your balance at the top of the page. You will only be able to order up to your balance amount
 - c. Once you are ready to place your order, choose "Checkout"
 - d. On the Checkout page, confirm your shipping address, review your order, use your Cooperative Advantage &more Benefits Prepaid Mastercard® to pay and place your order. Your OTC order will arrive in the mail within 14 days of ordering
 - e. You will receive an email with tracking information once your order has shipped and another email once your order has been delivered

The Cooperative Advantage &more Benefits Prepaid Mastercard® is issued by The Bancorp Bank N.A, Member FDIC, pursuant to license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. Card may not be accepted everywhere Debit Mastercard is accepted.

2. IN STORE

You can shop for eligible OTC items at the following stores:

- CVS pharmacies (excluding pharmacies at Target locations)
- Kroger affiliated banner stores in your area may include:
 - o Metro Market
 - o Pick 'n Save

A wider assortment of OTC items is available for purchase in-store than shown in this catalog. Use the list below to help you create your shopping list. Item availability and pricing may differ from what is listed in this catalog and from store to store. If you have questions about item eligibility, call 1-855-AND-MORE (1-855-263-6673, TTY: 711) 8am – 8pm CT, Monday to Friday

Eligible OTC items in-store include (but may not be limited to):	Non-eligible OTC items in-store include (but may not be limited to):
 Cold, flu, and allergy Dental and denture care Diabetes care Digestive health First aid supplies Eye and ear care Foot care Home diagnostic & patient aids Incontinence supplies Pain relief Sleep aids Supports and braces Witamine and diatery supplemente 	 Deodorants and antiperspirants Foods or meal replacement items Mouthwashes, bad breath remedies, and teeth whiteners Insoles and arch supports Birth control medications and contraceptives Herbal supplements, probiotics, and alternative medications Lotions, facial creams and other cosmetic items Household items including hand soaps, razors, etc.
 Vitamins and dietary supplements 	 Baby diapers, formulas, and other childcare products

- At checkout, swipe your Cooperative Advantage &more card to purchase eligible items. You should have received this card in the mail. If you have not received this card, please call 1-855-AND-MORE (1-855-263-6673, TTY: 711) from 8am 8pm CT, Monday to Friday
- Your available OTC spending allowance amount will apply to the eligible items
- If your total is more than your available balance, please use another form of payment for the remaining amount

3. PHONE

1-855-AND-MORE (1-855-263-6673, TTY: 711)

8am - 8pm CT, Monday to Friday

- Orders can be placed by calling 1-855-AND-MORE (1-855-263-6673, TTY: 711). You can speak to a live customer care agent from 8am - 8pm CT, Monday to Friday. Please have your Cooperative Advantage (HMO D-SNP) member ID, Cooperative Advantage &more card, and order ready when placing your order by phone
- Only items shown in this catalog are available for phone ordering
- The first and last week of the month are the most popular for orders. To avoid longer waiting times, consider placing your order mid-month
- If your item is not in stock, an item of similar or greater value may be substituted in your order at no extra charge to you
- Once your order is completed, a confirmation number will be provided by the agent. You may want to have pen and paper ready to record this number
- Free shipping is included with your order. Allow up to 14 days for delivery
- To receive shipment tracking information, be sure to provide your email address to the agent

A few helpful things to know

- Answers to common questions can be found at the end of this catalog
- You can find your monthly OTC benefit amount in your Cooperative Advantage plan documents
- If you receive a damaged item, call 1-855-AND-MORE (1-855-263-6673, TTY: 711) within 30 days to receive a replacement item. Agents are available 8am - 8pm CT, Monday to Friday
- If you need help placing an order or have questions related to your OTC benefit, please call 1-855-AND-MORE (1-855-263-6673, TTY: 711). Agents are available 8am - 8pm CT, Monday to Friday
- For all other Cooperative Advantage (HMO D-SNP) related questions, contact the Group Health Cooperative of Eau Claire member service team at 1 (800) 460-4641. Hours of operation are as follows:

-October to March: 8am - 8pm CT 7 days a week

-April to September: 8am - 8pm CT Monday to Friday

Top Selling Products



		SKU	PRODUCT	SIZE	PRICE
	A11*	520577	ADULT CARE WIPES	48 CT	\$8
	A12*	843837	FLUSHABLE WIPES	42 CT	\$4
0	A13*	512509	UNDERPADS XL	18 CT	\$10
DULT	A17*	970846	ALWAYS DISCREET PADS, MODERATE	66 CT	\$17
5	A23*	714508	WOMEN'S PROTECTIVE PADS, ULTIMATE	33 CT	\$13
	A33*	383182	UNISEX OVERNIGHT UNDERWEAR, L	14 CT	\$14
4	A34*	383703	UNISEX OVERNIGHT UNDERWEAR, XL	12 CT	\$14
	B6	803987	DIAPER RASH OINTMENT	2 OZ	\$5
	F59*	836891	ULTRA THIN PADS WITH WINGS REGULAR	36 CT	\$4
	A56	444238	CETIRIZINE 10MG TABLETS	30 CT	\$16
LLERGY	A60	443197	ZYRTEC 10MG TABLETS	60 CT	\$35
ž	A67	847260	FEXOFENADINE 180MG TABLETS	30 CT	\$18
ш	A69	302860	FLONASE NASAL SPRAY	0.38 OZ	\$19
FÐ	A70	674958	FLUTICASONE NASAL SPRAY 144 DOSE	0.62 OZ	\$21
4	A72	244841	CLARITIN 10MG TABLETS	30 CT	\$27
	A79	919205	LORATADINE 10MG TABLETS	90 CT	\$30
	A84	477066	DIPHENHYDRAMINE HCI 25MG TABLETS	24 CT	\$4
	A86	477068	DIPHENHYDRAMINE HCI 25MG TABLETS	48 CT	\$8
S	C1 ‡	653004	AIRBORNE GUMMIES, ASSORTED FRUIT	42 CT	\$18
ш	C9	587618	MEDICATED CHEST RUB	3.53 OZ	\$8
	C13	441208	ALKA-SELTZER DAY & NIGHT LIQUID GELS	24 CT	\$14
	C15	362029	COLD AND FLU DAY AND NIGHT RELIEF SOFTGELS	24 CT	\$9
Σ	C27	244956	COUGH AND COLD HBP RELIEF TABLETS	16 CT	\$7
Ш Ш	C31	974249	THERAFLU MULTI-SYMPTOM SEVERE COLD RELIEF POWDER PACKETS	6 CT	\$11
	C40	292925	MUCINEX DM 600MG EXTENDED RELEASE TABLETS	20 CT	\$21
9	C45	259459	MUCUS EXTENDED RELEASE TABLETS 1200MG	14 CT	\$16
Ο	C47	707516	TUSSIN DM LIQUID	4 OZ	\$6
Ŭ	C50	477060	TUSSIN DM SUGAR FREE LIQUID	8 OZ	\$8
	C51	379157	COUGH DROPS HONEY LEMON	160 CT	\$6
	C52	654515	MUCINEX SORE THROAT AND COUGH RELIEF DROPS HONEY	40 CT	\$7
	C53	694506	MUCINEX SORE THROAT AND COUGH RELIEF DROPS	40 CT	\$7
	C54	179666	SUGAR FREE MENTHOL COUGH DROPS	140 CT	\$6
	C55*	193592	DIGITAL THERMOMETER	1 CT	\$18
	C60*	834800	TEMPLE DIGITAL THERMOMETER	1 CT	\$42
	C62	442927	COLD AND FLU HBP MULTI-SYMPTOM NIGHTTIME RELIEF LIQUID, CHERRY	12 OZ	\$9
	C63	954401	COLD AND FLU SEVERE DAY AND NIGHT RELIEF LIQUID 2 PACK	12 OZ	\$19
	C68	939419	VICKS DAYQUIL SEVERE LIQUID	12 OZ	\$16
	C69	939406	VICKS NYQUIL SEVERE LIQUID	12 OZ	\$16
	C74	280974	BLISTEX LIP OINTMENT	0.35 OZ	\$5
	C75	882775	CARMEX CLASSIC LIP BALM 3 PACK	1.05 OZ	\$5
	C76	337401	COLD SORE TREATMENT	0.07 OZ	\$18
	C83	857132	NASAL SPRAY	1 OZ	\$7
	C86	938777	SINUS AND SEVERE CONGESTION RELIEF CAPLETS	20 CT	\$12
	C87	408566	SINUS PAIN AND CONGESTION RELIEF CAPLETS	24 CT	\$6
	C89	891465	NASAL SPRAY SALINE	1.5 OZ	\$4
	C93	857378	CEPACOL EXTRA STRENGTH SORE THROAT LOZENGES, CHERRY	16 CT	\$7

*Could be covered under Part B or D

★1 per period

CODE	SKU	PRODUCT	SIZE	PRICE	
D50	690266	ANTACID CALCIUM CHEWABLE TABLETS, ASSORTED FRUIT	160 CT	\$9	
D52	230995	ANTACID ULTRA STRENGTH CHEWABLE TABLETS	72 CT	\$6	G
D56	282267	TUMS CHEWY BITES	32 CT	\$8	
D57	883928	GAS RELIEF EXTRA STRENGTH CHEWABLE TABLETS CHERRY	48 CT	\$12	ESTIVE
D65*	672550	ANTI-DIARRHEAL 2MG CAPLETS	12 CT	\$5	<
D74‡	318142	DAILY FIBER CAPSULES	100 CT	\$10	
D87*	690256	ACID CONTROLLER TABLETS	30 CT	\$7	ΗE
D93	401472	HEMORRHOIDAL MEDICATED WIPES	48 CT	\$6	
D96	144212	HEMORRHOIDAL OINTMENT	2 OZ	\$10	ALTH
D105	707940	LAXATIVE 25MG TABLETS	24 CT	\$6	
D110	713639	PURELAX POWDER	8.3 OZ	\$13	
D115	310425	STOOL SOFTENER 100MG SOFTGELS	100 CT	\$12	
D126	703368	BISMUTH CHEWABLE TABLETS CHERRY	30 CT	\$5	
D127	195560	BISMUTH LIQUID	8 OZ	\$5	
D144*	451305	OMEPRAZOLE 20MG TABLETS 3 PACK	14 CT	\$24	
E44★*	215314	HEATING PAD EXTRA LONG	1 CT	\$35	
E45**	215313	HEATING PAD STANDARD	1 CT	\$25	EXT
E46	318180	HOT AND COLD COMPRESS	1 CT	\$15	E
E47	499911	HOT AND COLD COMPRESSION WRAP	1 CT	\$35	ERNAL
E48	844209	ICEBAG LARGE	1 CT	\$15	Ĩ
E49*	208443	NECK AND SHOULDER WRAP	1 CT	\$17	
E69	957604	COLD AND HOT PATCHES	5 CT	\$6	
E70	161764	DICLOFENAC SODIUM 1% TOPICAL GEL	1.7 OZ	\$9	R R
E73	977934	LIDOCAINE CREAM	2.7 OZ	\$7	PAIN
E74	197229	LIDOCAINE PATCHES	5 CT	\$10	Z
E79	444770	MEDICATED HEAT PATCH	1 CT	\$2	
E80	320989	MUSCLE RUB CREAM	2 OZ	\$5	
E83	610722	PAIN RELIEF ROLL-ON MENTHOL	2.5 OZ	\$13	
E84	269146	PAIN RELIEF SPRAY	3 OZ	\$12	
E88	239673	SALONPAS PATCHES LARGE	6 CT	\$9	
E100	941579	EARWAX CARE KIT	1 CT	\$9	
E101	110973	EARWAX REMOVAL DROPS	0.5 OZ	\$5	EAR
E106	797076	ADVANCED EYE DROPS	0.5 OZ	\$6	CARE
E122	219204	REDNESS RELIEF EYE DROPS	0.5 OZ	\$5	
F102	405572	FIRST AID KIT	1 CT	\$7	
F109	259370	BUTTERFLY CLOSURES	12 CT	\$3	FIRST
F115*	336846	LIQUID BANDAGE	0.3 OZ	\$6	S
F117	702514	SHEER BANDAGES ASSORTED	80 CT	\$4	_
F125	219634	BACITRACIN OINTMENT	1 OZ	\$7	AID
F132	373019	HYDROCORTISONE 1% CREAM	1 OZ	\$4	
F135	550749	ITCH RELIEF CREAM	1 OZ	\$5	
F138	531343	PETROLEUM JELLY	2.5 OZ	\$4	
F139	444797	RUBBING ALCOHOL WIPES	40 CT	\$6	
F141	702498	TRIPLE ANTIBIOTIC AND PAIN RELIEF OINTMENT	1 OZ	\$9	
F142	219626	TRIPLE ANTIBIOTIC OINTMENT	1 OZ	\$8	
F148*	830970	CLOTH TAPE 1IN X 10YD	2 CT	\$6	
F148*	830970	CLOTH TAPE 1IN X 10YD	201	\$6	

Δ	CODE	SKU	PRODUCT	SIZE	PRICE
AID	F155*	894104	GAUZE ROLL 4IN X 2YDS	1 CT	\$4
	F157	330703	LIDOCAINE BURN RELIEF GEL	8 OZ	\$7
ST	F158	991269	NITRILE EXAM GLOVES LARGE	50 CT	\$15
Ř	F159	991272	NITRILE EXAM GLOVES ONE SIZE FITS MOST	120 CT	\$30
	F164	489905	SURGICAL FACE MASKS	25 CT	\$14
	F166*	964606	WATERPROOF ADHESIVE TAPE 1/2IN X 5YD	1 CT	\$2
ш	H103 ‡	708884	BLOOD PRESSURE MONITOR SERIES 100 AUTO UPPER ARM	1 CT	\$45
2	H105 ‡■	800824	BLOOD PRESSURE MONITOR SERIES 400 AUTO WRIST	1 CT	\$58
CAR	H111 ‡ ■	420527	TALKING BLOOD PRESSURE MONITOR AUTO UPPER ARM	1 CT	\$75
0	H112*	130344	ALCOHOL PREP PADS	100 CT	\$3
HOME	H116 ‡ ■	814854	PULSE OXIMETER	1 CT	\$49
\geq	H155	741739	REACHER	1 CT	\$30
0	H163	861900	RUBBER BATH MAT	1 CT	\$20
	H202	328351	OFF! DEEP WOODS INSECT REPELLENT	6 OZ	\$11
	H207	278510	INDOOR NIGHT LIGHTS	2 CT	\$8
ш	01	469085	DENTAL FLOSS MINT 43.7YD	1 CT	\$4
Ζ	08	230196	DENTURE ADHESIVE CREAM	2.4 OZ	\$5
ш	09	213330	DENTURE CLEANSER EFFERVESCENT TABLETS	40 CT	\$3
HYGIE	010	122340	DENTURE CLEANSER EFFERVESCENT TABLETS MINT	84 CT	\$7
$\mathbf{\Sigma}$	011	235332	FIXODENT ULTRA DENTURE ADHESIVE CREAM	2.2 OZ	\$9
	013	695117	DENTAL TOOL KIT	1 CT	\$8
	017	377971	INTERDENTAL PICKS ADVANCED SUPER SOFT	60 CT	\$6
	018	572131	TONGUE BRUSHES	2 CT	\$6
ORAL	020	682983	CLEAN PRO TOOTHBRUSHES SOFT	6 CT	\$6
	021	956360	CLEAR PRO TOOTHBRUSHES MEDIUM	3 CT	\$3
	029	910693	TOOTHBRUSH SOFT	1 CT	\$1
	030	897755	TOOTHBRUSHES MEDIUM	2 CT	\$6
	040	933834	ORAL PAIN RELIEF GEL	0.33 OZ	\$6
	044	497555	BIOTENE MOISTURIZING MOUTH SPRAY	1.5 OZ	\$10
	048 *	857241	EASYFLEX INFINITY RECHARGEABLE TOOTHBRUSH WITH REPLACEMEN BRUSH HEADS	T 1 CT	\$27
	050	341166	EASYFLEX REPLACEMENT BRUSH HEADS	3 CT	\$25
	053	214174	ORAL-B COMPLETE BATTERY TOOTHBRUSH	1 CT	\$9
	065	237416	COLGATE SENSITIVE WHITENING ANTICAVITY TOOTHPASTE	6 OZ	\$7
	066	237544	COLGATE STAIN FIGHTER ANTICAVITY TOOTHPASTE	4.2 OZ	\$5
	071	234697	CREST SENSITIVE AND ENAMEL SHIELD TOOTHPASTE	4.3 OZ	\$5
	073	897738	ENAMEL GUARD ANTI-CAVITY TOOTHPASTE	4 OZ	\$5
	077	368775	SENSITIVE TOOTHPASTE	3.4 OZ	\$5
S	P1	301424	ACETAMINOPHEN 325MG TABLETS	100 CT	\$8
	P3	371914	ACETAMINOPHEN 500MG CAPLETS	100 CT	\$8
PAIN RELIEVERS	P10	199239	ARTHRITIS PAIN RELIEF 650MG CAPLETS	24 CT	\$6
<u> </u>	P11	154641	TYLENOL EXTRA STRENGTH CAPLETS 500MG	24 CT	\$7
Π	P14	715123	7-DAY PILL BOX	1 CT	\$2
2	P20	460696	TABLET CUTTER	1 CT	\$7
Ζ	P21	715130	WEEKLY AM/PM PILL PLANNER	1 CT	\$10
A	P24	906001	EXCEDRIN MIGRAINE RELIEF	100 CT	\$15
	P38	547802	ASPIRIN 81MG CHEWABLE TABLETS ORANGE	36 CT	\$2
	‡ Dual-pu	rpose iten	*Could be covered under Part B or D	\star 1 per period	
					10

CODE	SKU	PRODUCT	SIZE	PRICE	
P40	230268	ASPIRIN 81MG TABLETS	120 CT	\$5	PAIN
P45	695200	BAYER ASPIRIN 81MG TABLETS	300 CT	\$18	
P46	164020	ADVIL 200MG TABLETS	50 CT	\$9	
P53	713233	IBUPROFEN 200MG TABLETS	200 CT	\$13	
P54	371948	IBUPROFEN 200MG TABLETS	50 CT	\$4	
P56	951775	MOTRIN IB 200MG COATED CAPLETS	225 CT	\$21	RELIEVERS
P57	695196	ALEVE 220MG CAPLETS	100 CT	\$13	
P67	245414	ACETAMINOPHEN PM 500MG CAPLETS	24 CT	\$5	- 11
P68	124886	ACETAMINOPHEN PM 500MG CAPLETS	100 CT	\$10	5
P76‡	343538	MELATONIN 5MG GUMMIES STRAWBERRY	60 CT	\$11	
P78‡	866534	MELATONIN 5MG TABLETS	90 CT	\$9	
A104	893270	DIABETIC SOCKS, L/XL	2 CT	\$9	-
A105	893272	DIABETIC SOCKS, S/M	2 CT	\$9	m
B4	278382	COTTON SWABS	375 CT	\$4	몼
C100	365244	COTTON ROUNDS	80 CT	\$4	S
D10‡ ■ §	864739	DIGITAL BODY SCALE	1 CT	\$16	PERSONAL
F202	521682	ATHLETE'S FOOT ANTIFUNGAL CREAM	1 OZ	\$12	
F203	211003	CLOTRIMAZOLE 1% CREAM	0.5 OZ	\$7	F
F215	229790	FOOT POWDER	10 OZ	\$9	$\mathbf{\Omega}$
H7	952394	DANDRUFF SHAMPOO	14.2 OZ	\$6	CARE
H54	329818	CERAVE DIABETICS' DRY SKIN CREAM	8 OZ	\$12	
H61	483135	INTENSE DRY SKIN THERAPY LOTION	16.9 OZ	\$9	
P104	799023	HAND SANITIZER	2 OZ	\$2	
P105	783753	HAND SANITIZER	8 OZ	\$4	
S20	985326	AFTERSUN ALOE VERA GREEN GEL	20 OZ	\$7	
S26	308277	SPORT SUNSCREEN SPF 50 LOTION	8 OZ	\$10	
V2 ‡	145514	GLUCOSAMINE CHONDROITIN REGULAR STRENGTH TABLETS	150 CT	\$25	2
V8 ‡	287250	CALCIUM 500MG + D3 25MCG GUMMIES	60 CT	\$12	
V10 ‡	409542	CALCIUM 600MG + D3 20MCG TABLETS	120 CT	\$12	
V11 ‡	314939	CALCIUM 600MG TABLETS	150 CT	\$11	TAMINS
V15 ‡	184708	COQ-10 100MG SOFTGELS	45 CT	\$27	
V27 ‡	460687	NATURAL LUTEIN 20MG SOFTGELS	60 CT	\$16	5
V28 ‡	449050	VISION HEALTH SUPPLEMENT	60 CT	\$19	
V29 ‡	357343	FISH OIL 1000MG SOFTGELS	120 CT	\$11	
V42 ‡	184707	FLAXSEED OIL 1000MG SOFTGELS	100 CT	\$14	
V49 ‡	350480	IRON 65MG TABLETS	90 CT	\$6	
V50 ‡	246181	MAGNESIUM 250MG CAPLETS	100 CT	\$4	
V51 ‡	850942	MAGNESIUM 500MG CAPLETS	100 CT	\$6	
V54 ‡	247239	ZINC 50MG TABLETS	100 CT	\$6	
V56 ‡	378592	MEN'S MULTIVITAMIN	120 CT	\$11	
V57 ‡	448404	MEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8	
V61 ‡	448393	WOMEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8	
V62 ‡	378615	WOMEN'S MULTIVITAMIN	120 CT	\$11	
V68 ‡	346754	VITAMIN D3 1000IU SOFTGELS	100 CT	\$9	
V70 ‡	710787	VITAMIN D3 2000IU SOFTGELS	100 CT	\$9	
V71 ‡	277289	VITAMIN D3 400IU SOFTGELS	100 CT	\$4	
V74 ‡	247321	B-12 1000MCG TABLETS	60 CT	\$7	
‡ Dual-pu	irpose item	■ 1 per year	§Scale		

S	CODE	SKU	PRODUCT	SIZE	PRICE
~	V77 ‡	343572	B-12 5000MCG MICROTABLETS	100 CT	\$15
	V80 ‡	931260	BIOTIN 5000MCG TABLETS	150 CT	\$22
2	V82 ‡	145626	SUPER B COMPLEX WITH VITAMIN C CAPLETS	100 CT	\$12
	V87 ‡	231878	VITAMIN C 1000MG CAPLETS	100 CT	\$15
	V89 ‡	232553	VITAMIN C 500MG TABLETS	250 CT	\$13
	V93 ‡	240515	VITAMIN E 400IU SOFTGELS	100 CT	\$14

IMPORTANT: Item list is subject to change. In the event an item is out of stock, an item of similar or greater value will be substituted in your order. If an item is recalled by the manufacturer for any reason, it will be removed from the product offering immediately.

Common Questions

About your over-the-counter benefit

How much is my OTC benefit?

Check your Cooperative Advantage plan documents or call us at 1-855-AND-MORE (1-855-263-6673, TTY: 711) from 8am to 8pm CT, Monday to Friday

How can I check my remaining OTC benefit?

You can check your remaining OTC benefit online at andmorehealth.com or by calling 1-855-AND-MORE (1-855-263-6673, TTY: 711) from 8am to 8pm CT, Monday to Friday

What items can I purchase with my OTC benefit?

- **Online or phone**: When shopping online or by phone, refer to the items listed in this catalog which represent a complete list of available items
- **In store**: When shopping in store, you may select from a wide variety of OTC items. Use the list below to help you create your shopping list. Item availability and pricing may differ store to store. If you have questions about item eligibility, call 1-855-AND-MORE (1-855-263-6673, TTY: 711) from 8am to 8pm CT, Monday to Friday

Eligible OTC items in-store include (but may not be limited to):	Non-eligible OTC items in-store include (but may not be limited to):
 (but may not be limited to): ✓ Cold, flu, and allergy ✓ Dental and denture care ✓ Diabetes care ✓ Digestive health ✓ First aid supplies ✓ Eye and ear care ✓ Foot care ✓ Home diagnostic & patient aids ✓ Incontinence supplies ✓ Pain relief ✓ Sleep aids ✓ Supports and braces ✓ Vitamins and dietary supplements 	 Deodorants and antiperspirants Foods or meal replacement items Mouthwashes, bad breath remedies, and teeth whiteners Insoles and arch supports Birth control medications and contra- ceptives Herbal supplements, probiotics, and alternative medications Lotions, facial creams and other cos- metic items Household items including hand soaps, razors, etc.
• • • • • • • • • • • • • • • • • • •	 Baby diapers, formulas, and other childcare products

Why can't I shop at CVS at Target?

We're sorry for the inconvenience! While CVS runs the pharmacy section of Target, the OTC products are outside of their storefront and are managed by Target. They are not part of the Cooperative Advantage & more network at this time.

How often can I use my OTC benefit?

Your OTC benefit can be utilized multiple times each month so long as you do not exceed your benefit allowance.

Can I carry over unused benefit amount to the next benefit period?

Benefit amounts do not carry over from month to month.

Can I order more than my benefit amount?

You cannot exceed your benefit amount online or by phone. However, when shopping in eligible retail stores, you may pay the difference between items purchased and your benefit amount with another form of payment such as cash or debit/credit card.

Can I use this benefit for friends and family?

This benefit is only for you and cannot be used for your family or friends.

What happens if an item I want to order is out of stock?

If your item is not in stock, an item of similar or greater value may be substituted in your order.

Is there a return policy?

Due to the personal nature of the products, no returns or exchanges are allowed for online and phone orders delivered to your home. If you haven't received your order or if you received a defective or damaged item, please call 1-855-AND-MORE (1-855-263-6673, TTY: 711) within 30 days of placing your order.

Returns of in-store OTC products will be handled at the specific retailer's discretion.

Note: Orders for each benefit period must be placed by 10:59pm CT on the last day of the benefit period. For example, OTC orders for the January benefit period must be placed by 10:59pm CT on January 31.

If you disenroll from Group Health Cooperative of Eau Claire, your OTC benefit will automatically end.

*Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances. For examples, gauze may be covered under Part B when it is being used as prescribed for surgical wound dressing changes.

‡Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions.

Cooperative Advantage is an (HMO D-SNP) with a Medicare Contract. Enrollment in Group Health Cooperative of Eau Claire health plan depends on contract renewal.

This information is not a complete description of benefits. Call 1-855-AND-MORE (1-855-263-6673, TTY: 711) for more information. Limitations, copayments, and restrictions may apply. Benefits may change on January 1 of each year.

andmorehealth.com 1-855-AND-MORE (1-855-263-6673, TTY: 711)







