group health	DEPARTMENT: SUBJECT:	Utilization Management Multiple Sclerosis
	PRODUCT LINE:	All
	POLICY NUMBER:	UM119
	ORIGINAL POLICY EFFECTIVE DATE:	12/21/2021
KMTSJ, Inc.	LAST REVISED DATE:	12/21/2021

# SCOPE:

To ensure Group Health Cooperative of Eau Claire consistently and correctly administers benefits to all members according to their policy benefits.

## **POLICY:**

It is the policy of Group Health Cooperative of Eau Claire to review requests for multiple sclerosis treatments according to member policy and evidence-based medical criteria through the prior authorization process.

# **PROCEDURE:** Prior Authorization Required: YES

## Coverage Criteria for Relapsing-Remitting MS (RRMS)

### First Line treatments:

First line treatment for RRMS includes the following conventional therapies:

### Oral

Fingolimod (Gilenya) Teriflunomide (Aubagio) Dimethyl fumarate (Tecfidera) \* Monomethyl fumarate (Bafiertam) Siponimod (Mayzent) Diroximel fumarate (Vumerity) Ozanimod (Zeposia) dalfampridine (Ampyra)

## Subcutaneous

Glatiramer acetate (Copaxone) \*

## Second line treatments:

Member must have a diagnosis of moderate-severe RRMS and had an insufficient response to at least 3 of the conventional therapies listed under the first line treatments including Copaxone and Tecfidera.

## Oral

Cladribine (Mavenclad)

## Subcutaneous

Ofatumumab (Kesimpta) Interferon beta -1a (Avonex) Interferon beta -1a (Rebif) Peginterferon beta-1a (Plegridy) Interferon beta -1b (Betaseron) Interferon beta -1b (Extavia)

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## **Third line treatments:**

Member must have a diagnosis of moderate-severe RRMS and had an insufficient response to at least 2 of the conventional therapies listed under the second line treatments.

### Intravenous

Natalizumab (Tysabri) Mitoxantrone hydrochloride Ocrelizumab (Ocrevus)

## Coverage Criteria for Secondary Progressive MS (SPMS)

#### First Line treatments:

First line treatment for SPMS includes the following conventional therapies:

#### Oral

Fingolimod (Gilenya) Teriflunomide (Aubagio) Dimethyl fumarate (Tecfidera) \* Monomethyl fumarate (Bafiertam) Siponimod (Mayzent) Diroximel fumarate (Vumerity) Ozanimod (Zeposia) dalfampridine (Ampyra)

#### **Subcutaneous**

Glatiramer acetate (Copaxone) \*

#### Second line treatments:

Member must have a diagnosis of moderate-severe SPMS and had an insufficient response to at least 3 of the conventional therapies listed under the first line treatments including Copaxone and Tecfidera.

#### Oral

Cladribine (Mavenclad)

## Subcutaneous

Ofatumumab (Kesimpta) Interferon beta -1a (Avonex) Interferon beta -1a (Rebif) Peginterferon beta -1a (Plegridy) Interferon beta -1b (Betaseron) Interferon beta -1b (Extavia)

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### **Third line treatments:**

Member must have a diagnosis of moderate-severe SPMS and had an insufficient response to at least 2 of the conventional therapies listed under the second line treatments.

### Intravenous

Natalizumab (Tysabri) Mitoxantrone hydrochloride Ocrelizumab (Ocrevus)

# **Coverage Criteria for Primary Progressive MS (PPMS)**

### **First Line treatments:**

First line treatment for those diagnosed with PPMS meeting the following criteria:

- 1. One year of disease progression (worsening of neurological function without remission)
- 2. Two of the following
  - a. A type of lesion in the brain that is recognized by experts in as being typical of MS
  - b. Two or more lesions of a similar type in the spinal cord
  - c. Evidence in the spinal fluid of oligoclonal band or an elevated IgG index, both of which are indicative of immune system activity in the central nervous system.

#### Subcutaneous

Glatiramer acetate (Copaxone) (Glatopa)

#### Intravenous

Ocrelizumab (Ocrevus)

APPROVED: \_\_\_\_\_ DATE:

## **REVISION HISTORY:**

Rev. Date	Revised By/Title	Summary of Revision