

Having a baby can be an exciting - and overwhelming - experience. To help ensure a healthy birth, consistent visits and communication with a physician is important. The chart below provides a broad overview of recommended doctor visits. Patients are strongly advised to see their physician for a preconception physical. Individual care may differ. The frequency of visits and any additional testing that may be needed is up to the discretion of each health care professional.

For any questions you may have regarding prenatal health, contact our your physician or our Health Management Nurses at (715) 552-4300 or (888) 203-7770.

Recommended Visit Schedule	Every 4 Weeks for 1st 28 weeks			Every 2-3 weeks		Weekly Visits					Post Partum 4-6 Wks After Delivery	
	6-8 weeks	14-16 weeks	24-28 weeks	32 weeks	36 weeks	37 weeks	38 weeks	39 weeks	40 weeks	41 weeks		
Screen for tobacco use, alcohol and drug use	X	X	X	X	X	X	X	X	X	X	X	X
History/Risk Assessment	X	X	X	X	X	X	X	X	X	X	X	X
General Physical Exam	X											X
Pelvic Exam	X											X
Blood Pressure, Weight, UA Dipstick	X	X	X	X	X	X	X	X	X	X	X	Wt, BP
Cervix Exam	X								X	X	X	X
Fundal Height			X	X	X	X	X	X	X	X	X	
Fetal Heart Tones		X	X	X	X	X	X	X	X	X	X	
Initial Lab Tests to include: ABO/Rh/Ab, Hgb/Hct, Pap Smear, Screen for Syphilis, Gonorrhea, Chlamydia and HIV (with consent) and HB, Ag, Rubella and Varicella Titres	X											
Multiple Maternal Serum (MMS) Screening		X 16-20 weeks										
Offer Aneuploidy Screening (process will vary by care available in community)	X 10-12 weeks											
UA Culture		X 12-16 weeks										
Diabetes Screen			X									
Offer Td Vaccine (For women with uncertain histories of complete vaccination)			Greater than 20 weeks gestation									
Offer Injectable Flu Vaccine (Any trimester)	X	X	X	X	X	X	X	X	X	X	X	
Group B Strep Cultures Vaginal and Rectal												X 35-37 weeks
Folic Acid (.4 - .8 mg one month prior to conception through 1st trimester)	X	X										