

# 2025 Over-the-Counter (OTC) Catalog



# 3 Easy Ways to use Your OTC Benefit



## 1. ONLINE

### [andmorehealth.com/ghce](https://andmorehealth.com/ghce)

- Online ordering at [andmorehealth.com/ghce](https://andmorehealth.com/ghce) is the fastest and easiest way to use your OTC benefit 24/7. Sign in and scroll to the OTC section of the page, where you will be directed to our online ordering partner CVS OTCHS
- Only items shown in this catalog are available for online ordering
- Free shipping is included with your order
- If your item is not in stock, an item of similar or greater value may be substituted in your order at no extra charge to you
- You will need your &more Benefits Prepaid Mastercard (which you should have received in the mail) to place your order

#### How to order online

- I. Create a CVS OTCHS account
  - a. If it is your first time placing an online order, you will need to create an account
    - i. To do so, choose the “Create Account” button and follow the instructions
    - ii. You will need your Cooperative Advantage (HMO D-SNP) member ID, date of birth, ZIP code and current email address
    - iii. You will also need to create a password
  - b. If you need help locating your Cooperative Advantage (HMO D-SNP) member ID, refer to your Cooperative Advantage plan documents or call 1-855-AND-MORE (1-855-263-6673; TTY: 711) 8am - 8pm CST, Monday to Friday
  - c. Remember to save your password for future orders. You will need an email address along with your password to sign in again. If you forget your password, choose the “Forgot Password?” button to create a new one
  - d. Please contact your Health Plan for any permanent address change needed.
- II. Place an order
  - a. Once you sign in, your OTC benefit amount and balance will show
  - b. Browse through the available products and add to your basket. Your order total will automatically be deducted from your balance at the top of the page. You will only be able to order up to your balance amount
  - c. Once you are ready to place your order, choose “Checkout”
  - d. On the Checkout page, confirm your shipping address, review your order, use your &more card to pay and place your order. Your OTC order will arrive in the mail within 14 days of ordering
  - e. You will receive an email with tracking information once your order has shipped and another email once your order has been delivered

Thank you for choosing Group Health Cooperative of Eau Claire. As a valued member, you have an over-the-counter (OTC) benefit, providing you access to hundreds of products to help manage your health and well-being.

Keep this booklet where you can easily get to it. You'll want to reference this often and use it to help you order.

Group Health Cooperative of Eau Claire has partnered with Soda Health, under the &more brand, to administer benefits such as over-the-counter items and food & produce offerings. CVS Over the Counter Health Solutions (OTCHS) will facilitate the processing and delivery of OTC orders through online and phone channels.

&more Benefits Prepaid Mastercard® is issued by Avidia Bank, pursuant to a license from Mastercard Inc. Use of this card is subject to the terms and conditions of the Cardholder Agreement.



## 2. IN STORE

You'll find a list of participating retailers at [andmorehealth.com/ghce](http://andmorehealth.com/ghce) and in the andmore mobile app. These retailers will include:

- CVS pharmacies (excluding pharmacies at Target locations)
- Hy-Vee
- Metro Market
- Pick 'n Save
- Walmart
- Walgreens

A wider assortment of OTC items is available for purchase in-store than shown in this catalog. You'll find a full list of participating retailers on [andmorehealth.com/ghce](http://andmorehealth.com/ghce) and in the andmore mobile app. Use the list below to help you create your shopping list. Item availability and pricing may differ from what is listed in this catalog and from store to store. If you have questions about item eligibility, call 1-855-AND-MORE (1-855-263-6673; TTY: 711) 8am – 8pm CST, Monday to Friday

Eligible OTC items in-store include (but may not be limited to):	Non-eligible OTC items in-store include (but may not be limited to):
<ul style="list-style-type: none"> <li>✓ Cold, flu, and allergy</li> <li>✓ Dental and denture care</li> <li>✓ Digestive health</li> <li>✓ First aid supplies</li> <li>✓ Eye and ear care</li> <li>✓ Foot care</li> <li>✓ Home diagnostic &amp; patient aids</li> <li>✓ Incontinence supplies</li> <li>✓ Pain relief</li> <li>✓ Sleep aids</li> <li>✓ Supports and braces</li> <li>✓ Vitamins and dietary supplements</li> </ul>	<ul style="list-style-type: none"> <li>✗ Deodorants and antiperspirants</li> <li>✗ Foods or meal replacement items</li> <li>✗ Mouthwashes, bad breath remedies, and teeth whiteners</li> <li>✗ Insoles and arch supports</li> <li>✗ Birth control medications and contraceptives</li> <li>✗ Herbal supplements, probiotics, and alternative medications</li> <li>✗ Lotions, facial creams and other cosmetic items</li> <li>✗ Household items including hand soaps, razors, etc.</li> <li>✗ Baby diapers, formulas, and other childcare products</li> </ul>

- At checkout, swipe your Cooperative Advantage &more card to purchase eligible items. You should have received this card in the mail. If you have not received this card, please call 1-855-AND-MORE (1-855-263-6673; TTY: 711) from 8am - 8pm CST, Monday to Friday
- Your available OTC spending allowance amount will apply to the eligible items
- If your total is more than your available balance, please use another form of payment for the remaining amount



## 3. PHONE

**1-855-AND-MORE (1-855-263-6673; TTY: 711)**

*8am - 8pm CST, Monday to Friday*

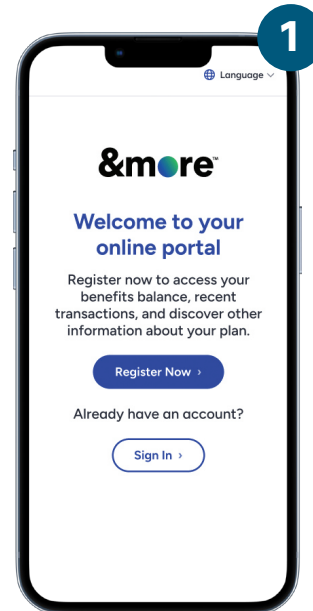
- Orders can be placed by calling 1-855-AND-MORE (1-855-263-6673; TTY: 711). You can speak to a live customer care agent from 8am - 8pm CST, Monday to Friday. Please have your Cooperative Advantage (HMO D-SNP) member ID, Cooperative Advantage &more card, and order ready when placing your order by phone
- Only items shown in this catalog are available for phone ordering
- The first and last week of the month are the most popular for orders. To avoid longer waiting times, consider placing your order mid-month
- If your item is not in stock, an item of similar or greater value may be substituted in your order at no extra charge to you
- Once your order is completed, a confirmation number will be provided by the agent. You may want to have pen and paper ready to record this number
- Free shipping is included with your order. Allow up to 14 days for delivery
- To receive shipment tracking information, be sure to provide your email address to the agent

# Scan this QR code to download the andmore mobile app

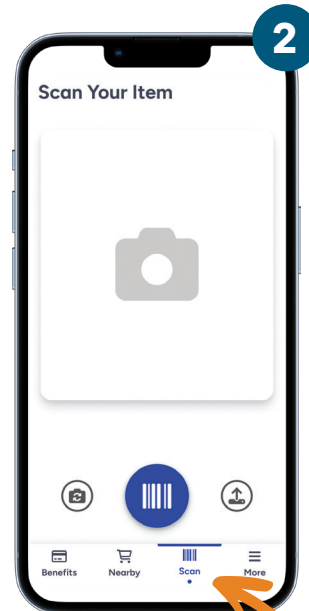


## A few helpful things to know

- Answers to common questions can be found at the end of this catalog
- You can find your monthly OTC benefit amount in your Cooperative Advantage plan documents
- If you receive a damaged item, call 1-855-AND-MORE (1-855-263-6673; TTY: 711) within 30 days to receive a replacement item. Agents are available 8am - 8pm CST, Monday to Friday
- If you need help placing an order or have questions related to your OTC benefit, please call 1-855-AND-MORE (1-855-263-6673; TTY: 711). Agents are available 8am - 8pm CST, Monday to Friday
- For all other Cooperative Advantage (HMO D-SNP) related questions, contact the Group Health Cooperative of Eau Claire member service team at 1 (800) 460-4641. **Hours of operation are as follows:**
  - October to March: 8am - 8pm CST 7 days a week
  - April to September: 8am - 8pm CST Monday to Friday



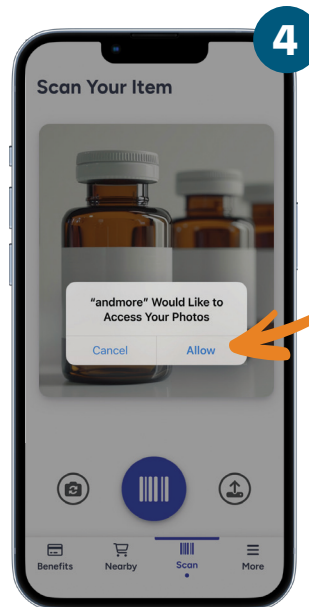
1. Open the andmore mobile app and sign in. If it is your first time, you will need to register.



2. This opens the item scanner.



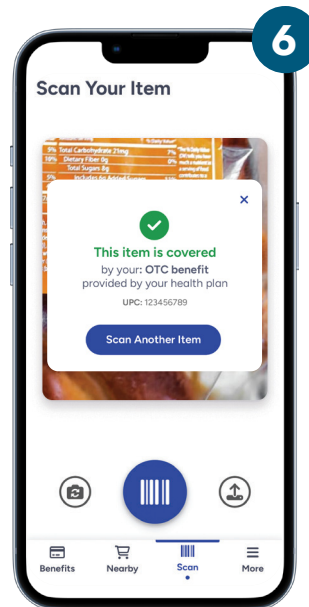
3. Tap the **blue camera button**.



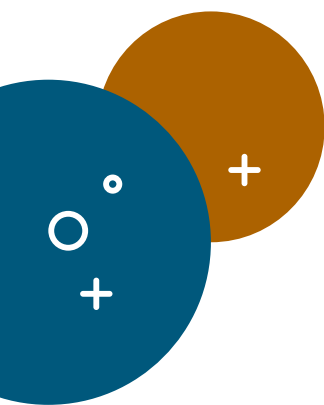
4. The first time you use the item scanner you will need to accept the camera permissions. **Choose allow.**



5. Point your camera at the barcode.



6. The app will notify you when the item is recognized and whether it's covered.



# Top Selling Products

 <p><b>Cough Drops Honey Lemon</b> CODE C94 SKU 379157 COUNT 160 \$7.00</p>	 <p><b>Sugar Free Menthol Cough Drops</b> CODE C97 SKU 179666 COUNT 140 \$7.00</p>
 <p><b>Blistex Lip Ointment 0.35oz</b> CODE C127 SKU 280974 COUNT 1 \$4.00</p>	 <p><b>Medicated Chest Rub 3.53oz</b> CODE C48 SKU 587618 COUNT 1 \$8.00</p>
 <p><b>Dental Floss Mint 43.7yd</b> CODE O9 SKU 469085 COUNT 1 \$4.00</p>	 <p><b>Denture Cleanser Effervescent Tablets</b> CODE O20 SKU 213330 COUNT 40 \$3.00</p>
 <p><b>Interdental Picks Advanced Super Soft</b> CODE O36 SKU 377971 COUNT 60 \$6.00</p>	 <p><b>Clear Pro Toothbrushes Medium</b> CODE O44 SKU 956360 COUNT 3 \$3.00</p>
 <p><b>Clean Pro Toothbrushes Soft</b> CODE O43 SKU 682983 COUNT 6 \$6.00</p>	 <p><b>Colgate Stain Fighter Anticavity Toothpaste</b> CODE O101 SKU 237544 COUNT 1 \$5.00</p>

CODE	SKU	PRODUCT	SIZE	PRICE
A22*	520577	ADULT CARE WIPES	48 CT	\$8.00
A27*	512509	UNDER PADS XL	18 CT	\$10.00
A49*	970846	ALWAYS DISCREET PADS, MODERATE	66 CT	\$17.00
A56*	714508	WOMEN'S PROTECTIVE PADS, ULTIMATE	33 CT	\$13.00
A70*	383182	UNISEX OVERNIGHT UNDERWEAR, L	14 CT	\$14.00
F36*	836891	ULTRA THIN PADS WITH WINGS REGULAR	36 CT	\$4.00
A71*	383703	UNISEX OVERNIGHT UNDERWEAR, XL	12 CT	\$14.00
B6	803987	DIAPER RASH OINTMENT	2 OZ	\$4.00
A114	444238	CETIRIZINE 10MG TABLETS	30 CT	\$16.00
A116	443197	ZYRTEC 10MG TABLETS	60 CT	\$35.00
A123	847260	FEXOFENADINE 180MG TABLETS	30 CT	\$18.00
A127	302860	FLONASE NASAL SPRAY	0.38 OZ	\$20.00
A128 ‡	674958	FLUTICASON NASAL SPRAY 144 DOSE	0.06 OZ	\$21.00
A134	244841	CLARITIN 10MG TABLETS	30 CT	\$27.00
A138	919205	LORATADINE 10MG TABLETS	90 CT	\$30.00
A149	477068	DIPHENHYDRAMINE HCl 25MG TABLETS	48 CT	\$8.00
A150	477066	DIPHENHYDRAMINE HCl 25MG TABLETS	24 CT	\$4.00
C37 ‡	653004	AIRBORNE GUMMIES, ASSORTED FRUIT	42 CT	\$18.00
C48	587618	MEDICATED CHEST RUB	3.53 OZ	\$8.00
C52	441208	ALKA-SELTZER DAY & NIGHT LIQUID GELS	24 CT	\$14.00
C54	362029	COLD AND FLU DAY AND NIGHT RELIEF SOFTGELS	24 CT	\$9.00
C66	244956	COUGH AND COLD HBP RELIEF TABLETS	16 CT	\$7.00
C79	292925	MUCINEX DM 600MG EXTENDED RELEASE TABLETS	20 CT	\$21.00
C84	259459	MUCUS EXTENDED RELEASE TABLETS 1200MG	14 CT	\$16.00
C87	707516	TUSSIN DM LIQUID	4 OZ	\$6.00
C89	477060	TUSSIN DM SUGAR FREE LIQUID	8 OZ	\$8.00
C94	379157	COUGH DROPS HONEY LEMON	160 CT	\$7.00
C95	654515	MUCINEX SORE THROAT AND COUGH RELIEF DROPS HONEY	40 CT	\$7.00
C96	694506	MUCINEX SORE THROAT AND COUGH RELIEF DROPS	40 CT	\$7.00
C97	179666	SUGAR FREE MENTHOL COUGH DROPS	140 CT	\$7.00
C103	193592	DIGITAL THERMOMETER	1 CT	\$18.00
C110	442927	COLD AND FLU HBP MULTI-SYMPTOM NIGHTTIME RELIEF LIQUID, CHERRY	12 OZ	\$9.00
C114	954406	SEVERE DAYTIME LIQUID	12 OZ	\$11.00
C115	180192	SEVERE NIGHTTIME LIQUID	12 OZ	\$11.00
C116	939419	VICKS DAYQUIL SEVERE LIQUID	12 OZ	\$16.00
C117	939406	VICKS NYQUIL SEVERE LIQUID	12 OZ	\$16.00
C127	280974	BLISTEX LIP OINTMENT	0.35 OZ	\$4.00
C128	882775	CARMEX CLASSIC LIP BALM 3 PACK	1.05 OZ	\$5.00
C129	337401	COLD SORE TREATMENT	0.07 OZ	\$18.00
C145	857132	NASAL SPRAY	1 OZ	\$7.00
C146	938777	SINUS AND SEVERE CONGESTION RELIEF CAPLETS	20 CT	\$12.00
C147	408566	SINUS PAIN AND CONGESTION RELIEF CAPLETS	24 CT	\$6.00
C153	891465	NASAL SPRAY SALINE	1.5 OZ	\$4.00
C162	857378	CEPACOL EXTRA STRENGTH SORE THROAT LOZENGES, CHERRY	16 CT	\$6.00

ADULT CARE

ALLERGY REMEDIES

COLD REMEDIES

**DIGESTIVE HEALTH**

CODE	SKU	PRODUCT	SIZE	PRICE
C177	365244	COTTON ROUNDS	1 CT	\$4.00
D33	690266	ANTACID CALCIUM CHEWABLE TABLETS, ASSORTED FRUIT	160 CT	\$9.00
D35	230995	ANTACID ULTRA STRENGTH CHEWABLE TABLETS	72 CT	\$6.00
D39	282267	TUMS CHEWY BITES	32 CT	\$8.00
D44	883928	GAS RELIEF EXTRA STRENGTH CHEWABLE TABLETS CHERRY	48 CT	\$12.00
D52*	672550	ANTI-DIARRHEAL 2MG CAPLETS	12 CT	\$5.00
D73	318142	DAILY FIBER CAPSULES	100 CT	\$10.00
D85*	690256	ACID CONTROLLER TABLETS	30 CT	\$7.00
D96	401472	HEMORRHOIDAL MEDICATED WIPES	48 CT	\$6.00
D98	144212	HEMORRHOIDAL OINTMENT	2 OZ	\$10.00
D117	707940	LAXATIVE 25MG TABLETS	24 CT	\$6.00
D121	713639	PURELAX POWDER	8.3 OZ	\$13.00
D129	310425	STOOL SOFTENER 100MG SOFTGELS	100 CT	\$12.00
D146	703368	BISMUTH CHEWABLE TABLETS CHERRY	30 CT	\$5.00
D147	195560	BISMUTH LIQUID	8 OZ	\$5.00
D172*	451305	OMEPRAZOLE 20MG TABLETS 3 PACK	14 CT	\$24.00

**EXTERNAL PAIN**

E3*	215314	HEATING PAD EXTRA LONG	1 CT	\$37.00
E4*	215313	HEATING PAD STANDARD	1 CT	\$25.00
E5	318180	HOT AND COLD COMPRESS	1 CT	\$15.00
E6	499911	HOT AND COLD COMPRESSION WRAP	1 CT	\$35.00
E7	844209	ICEBAG LARGE	1 CT	\$15.00
E77	957604	COLD AND HOT PATCHES	5 CT	\$6.00
E80	161764	DICLOFENAC SODIUM 1% TOPICAL GEL	1.7 OZ	\$9.00
E82	977934	LIDOCAINE CREAM	2.7 OZ	\$7.00
E83	197229	LIDOCAINE PATCHES	5 CT	\$10.00
E88	444770	MEDICATED HEAT PATCH	1 CT	\$2.00
E89	320989	MUSCLE RUB CREAM	2 OZ	\$5.00
E92	610722	PAIN RELIEF ROLL-ON MENTHOL	2.5 OZ	\$13.00
E93	269146	PAIN RELIEF SPRAY	3 OZ	\$12.00
E97	239673	SALONPAS PATCHES LARGE	6 CT	\$9.00

**EYE CARE  
EAR CARE**

E104	209928	ALLERGY RELIEF EYE DROPS	0.5 OZ	\$7.00
E124	941579	EARWAX CARE KIT	1 CT	\$9.00
E125	110973	EARWAX REMOVAL DROPS	0.5 OZ	\$5.00

**FIRST AID**

F98	259370	BUTTERFLY CLOSURES	12 CT	\$3.00
F100	243909	FIRST AID MULTI PURPOSE KIT	1 CT	\$23.00
F116*	336846	LIQUID BANDAGE	0.3 OZ	\$6.00
F118	702514	SHEER BANDAGES ASSORTED	80 CT	\$4.00
F132	219634	BACITRACIN OINTMENT	1 OZ	\$7.00
F140	373019	HYDROCORTISONE 1% CREAM	1 OZ	\$6.00
F143	550749	ITCH RELIEF CREAM	1 OZ	\$5.00
F146	531343	PETROLEUM JELLY	2.5 OZ	\$4.00
F147	444797	RUBBING ALCOHOL WIPES	40 CT	\$6.00
F148	702498	TRIPLE ANTIBIOTIC AND PAIN RELIEF OINTMENT	1 OZ	\$9.00
F150	219626	TRIPLE ANTIBIOTIC OINTMENT	1 OZ	\$8.00
F161	830970	CLOTH TAPE 1IN X 10YD	2 CT	\$6.00
F168*	894104	GAUZE ROLL 4IN X 2YDS	1 CT	\$4.00

**FIRST AID**

CODE	SKU	PRODUCT	SIZE	PRICE
F170	330703	LIDOCAINE BURN RELIEF GEL	8 OZ	\$7.00
F171	991269	NITRILE EXAM GLOVES LARGE	50 CT	\$15.00
F172	991272	NITRILE EXAM GLOVES ONE SIZE FITS MOST	100 CT	\$30.00
F177	489905	SURGICAL FACE MASKS	25 CT	\$14.00
F178	964606	WATERPROOF ADHESIVE TAPE 1/2IN X 5YD	1 CT	\$2.00
H48 ① ‡	708884	BLOOD PRESSURE MONITOR SERIES 100 AUTO UPPER ARM	1 CT	\$45.00
H50 ① ‡	800824	BLOOD PRESSURE MONITOR SERIES 400 AUTO WRIST	1 CT	\$58.00
H63	130344	ALCOHOL PREP PADS	100 CT	\$3.00
H98	741739	REACHER	1 CT	\$30.00

**ORAL HYGIENE**

O1	214174	ORAL-B COMPLETE BATTERY TOOTHBRUSH	1 CT	\$9.00
O9	469085	DENTAL FLOSS MINT 43.7YD	43.7 OZ	\$4.00
O19	230196	DENTURE ADHESIVE CREAM	2.4 OZ	\$5.00
O20	213330	DENTURE CLEANSER EFFERVESCENT TABLETS	40 CT	\$3.00
O21	122340	DENTURE CLEANSER EFFERVESCENT TABLETS MINT	84 CT	\$7.00
O22	235332	FIXODENT ULTRA DENTURE ADHESIVE CREAM	2.2 OZ	\$8.00
O30	695117	DENTAL TOOL KIT	1 CT	\$8.00
O36	377971	INTERDENTAL PICKS ADVANCED SUPER SOFT	60 CT	\$6.00
O37	572131	TONGUE BRUSHES	2 CT	\$6.00
O43	682983	CLEAN PRO TOOTHBRUSHES SOFT	6 CT	\$6.00
O44	956360	CLEAR PRO TOOTHBRUSHES MEDIUM	3 CT	\$3.00
O51	910693	TOOTHBRUSH SOFT	1 CT	\$1.00
O52	897755	TOOTHBRUSHES MEDIUM	2 CT	\$6.00
O68	933834	ORAL PAIN RELIEF GEL	0.33 OZ	\$6.00
O76	497555	BIOTENE MOISTURIZING MOUTH SPRAY	1.5 OZ	\$10.00
O83 ①	857241	EASYFLEX INFINITY RECHARGEABLE TOOTHBRUSH WITH REPLACEMENT BRUSH HEADS	1 CT	\$27.00
O86	341166	EASYFLEX REPLACEMENT BRUSH HEADS	3 CT	\$25.00
O100	237416	COLGATE SENSITIVE WHITENING ANTICAVITY TOOTHPASTE	6 OZ	\$7.00
O101	237544	COLGATE STAIN FIGHTER ANTICAVITY TOOTHPASTE	4.2 OZ	\$5.00
O106	234697	CREST SENSITIVE AND ENAMEL SHIELD TOOTHPASTE	4.3 OZ	\$5.00
O111	368775	SENSITIVE TOOTHPASTE	3.4 OZ	\$5.00

**PAIN RELIEVERS**

P1	301424	ACETAMINOPHEN 325MG TABLETS	100 CT	\$8.00
P3	371914	ACETAMINOPHEN 500MG CAPLETS	100 CT	\$8.00
P10	199239	ARTHRITIS PAIN RELIEF 650MG CAPLETS	24 CT	\$6.00
P11	154641	TYLENOL EXTRA STRENGTH CAPLETS 500MG	24 CT	\$7.00
P19	715123	7-DAY PILL BOX	1 CT	\$2.00
P24	460696	TABLET CUTTER	1 CT	\$7.00
P25	715130	WEEKLY AM/PM PILL PLANNER	1 CT	\$10.00
P45	906001	EXCEDRIN MIGRAINE RELIEF	100 CT	\$16.00
P56	547802	ASPIRIN 81MG CHEWABLE TABLETS ORANGE	36 CT	\$2.00
P60	230268	ASPIRIN 81MG TABLETS	120 CT	\$5.00
P62	695200	BAYER ASPIRIN 81MG TABLETS	300 CT	\$18.00
P67	164020	ADVIL 200MG TABLETS	50 CT	\$9.00
P73	713233	IBUPROFEN 200MG TABLETS	200 CT	\$13.00
P75	371948	IBUPROFEN 200MG TABLETS	50 CT	\$4.00
P82	695196	ALEVE 220MG CAPLETS	90 CT	\$15.00

	CODE	SKU	PRODUCT	SIZE	PRICE
PAIN RELIEVERS	P98	245414	ACETAMINOPHEN PM 500MG CAPLETS	24 CT	\$5.00
	P99	124886	ACETAMINOPHEN PM 500MG CAPLETS	100 CT	\$10.00
	P106	343538	MELATONIN 5MG GUMMIES STRAWBERRY	60 CT	\$11.00
	P108	866534	MELATONIN 5MG TABLETS	90 CT	\$9.00
PERSONAL CARE	A166	893270	DIABETIC SOCKS, L/XL	2 CT	\$9.00
	A167	893272	DIABETIC SOCKS, S/M	2 CT	\$9.00
	B4	278382	COTTON SWABS	375 CT	\$4.00
	F189	521682	ATHLETE'S FOOT ANTIFUNGAL CREAM	1 OZ	\$12.00
	F191	211003	CLOTRIMAZOLE 1% CREAM	0.5 OZ	\$7.00
	F227	229790	FOOT POWDER	10 OZ	\$9.00
	H15	952394	DANDRUFF SHAMPOO	14.2 OZ	\$6.00
	H33	329818	CERAVE DIABETICS' DRY SKIN CREAM	8 OZ	\$12.00
	H40	483135	INTENSE DRY SKIN THERAPY LOTION	16.9 OZ	\$9.00
	P139	158439	PURELL ADVANCED HAND SANITIZER WITH ALOE	8 OZ	\$5.00
	P140	669862	PURELL HAND SANITIZER	4 OZ	\$4.00
	S20	985326	AFTERSUN ALOE VERA GREEN GEL	20 OZ	\$7.00
	S32	308277	SPORT SUNSCREEN SPF 50 LOTION	8 OZ	\$10.00
	VITAMINS	V6 ‡	184707	FLAXSEED OIL 1000MG SOFTGELS	100 CT
V22 ‡		287250	CALCIUM 500MG + D3 25MCG GUMMIES	60 CT	\$12.00
V24 ‡		409542	CALCIUM 600MG + D3 20MCG TABLETS	120 CT	\$12.00
V26 ‡		314939	CALCIUM 600MG TABLETS	150 CT	\$11.00
V29 ‡		350480	IRON 65MG TABLETS	90 CT	\$6.00
V30 ‡		246181	MAGNESIUM 250MG CAPLETS	100 CT	\$4.00
V31 ‡		850942	MAGNESIUM 500MG CAPLETS	100 CT	\$6.00
V35 ‡		247239	ZINC 50MG TABLETS	100 CT	\$6.00
V45 ‡		448404	MEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8.00
V46 ‡		378592	MEN'S MULTIVITAMIN	120 CT	\$11.00
V47 ‡		460687	NATURAL LUTEIN 20MG SOFTGELS	60 CT	\$16.00
V51 ‡		449050	VISION HEALTH SUPPLEMENT	60 CT	\$19.00
V52 ‡		448393	WOMEN'S 50+ ADVANCED MULTIVITAMIN TABLETS	65 CT	\$8.00
V53 ‡		378615	WOMEN'S MULTIVITAMIN	120 CT	\$11.00
V67 ‡		184708	COQ-10 100MG SOFTGELS	45 CT	\$27.00
V71		357343	FISH OIL 1000MG SOFTGELS	120 CT	\$13.00
V75 ‡		145514	GLUCOSAMINE CHONDROITIN REGULAR STRENGTH TABLETS	150 CT	\$25.00
V95 ‡		346754	VITAMIN D3 1000IU SOFTGELS	100 CT	\$9.00
V96 ‡		710787	VITAMIN D3 2000IU SOFTGELS	100 CT	\$9.00
V97 ‡		277289	VITAMIN D3 400IU SOFTGELS	100 CT	\$4.00
V103 ‡		247321	B-12 1000MCG TABLETS	60 CT	\$7.00
V107 ‡		343572	B-12 5000MCG MICROTABLETS	100 CT	\$15.00
V110 ‡		931260	BIOTIN 5000MCG TABLETS	150 CT	\$22.00
V113 ‡		145626	SUPER B COMPLEX WITH VITAMIN C CAPLETS	100 CT	\$12.00
V122 ‡	231878	VITAMIN C 1000MG CAPLETS	100 CT	\$15.00	
V123 ‡	232553	VITAMIN C 500MG TABLETS	250 CT	\$13.00	
V132 ‡	240515	VITAMIN E 400IU SOFTGELS	100 CT	\$14.00	

**IMPORTANT:** Item list is subject to change. In the event an item is out of stock, an item of similar or greater value will be substituted in your order. If an item is recalled by the manufacturer for any reason, it will be removed from the product offering immediately.

# Common Questions

## About your over-the-counter benefit

### How much is my OTC benefit?

Check your Cooperative Advantage plan documents or call us at 1-855-AND-MORE (1-855-263-6673; TTY: 711) from 8am to 8pm CST, Monday to Friday

### How can I check my remaining OTC benefit?

You can check your remaining OTC benefit by texting "Balance" to 53746, online at [andmorehealth.com/ghce](http://andmorehealth.com/ghce) or by calling 1-855-AND-MORE (1-855-263-6673; TTY: 711) from 8am to 8pm CST, Monday to Friday

### What items can I purchase with my OTC benefit?

- **Online or phone:** When shopping online or by phone, refer to the items listed in this catalog which represent a complete list of available items
- **In store:** When shopping in store, you may select from a wide variety of OTC items. Use the mobile app to scan items in store to check eligibility or refer to the list below to help you create your shopping list. Item availability and pricing may differ store to store. If you have questions about item eligibility, call 1-855-AND-MORE (1-855-263-6673; TTY: 711) from 8am to 8pm CST, Monday to Friday

Eligible OTC items in-store include (but may not be limited to):	Non-eligible OTC items in-store include (but may not be limited to):
<ul style="list-style-type: none"> <li>✓ Cold, flu, and allergy</li> <li>✓ Dental and denture care</li> <li>✓ Digestive health</li> <li>✓ First aid supplies</li> <li>✓ Eye and ear care</li> <li>✓ Foot care</li> <li>✓ Home diagnostic &amp; patient aids</li> <li>✓ Incontinence supplies</li> <li>✓ Pain relief</li> <li>✓ Sleep aids</li> <li>✓ Supports and braces</li> <li>✓ Vitamins and dietary supplements</li> </ul>	<ul style="list-style-type: none"> <li>✗ Deodorants and antiperspirants</li> <li>✗ Foods or meal replacement items</li> <li>✗ Mouthwashes, bad breath remedies, and teeth whiteners</li> <li>✗ Insoles and arch supports</li> <li>✗ Birth control medications and contraceptives</li> <li>✗ Herbal supplements, probiotics, and alternative medications</li> <li>✗ Lotions, facial creams and other cosmetic items</li> <li>✗ Household items including hand soaps, razors, etc.</li> <li>✗ Baby diapers, formulas, and other child-care products</li> </ul>

### Why can't I shop at CVS at Target?

We're sorry for the inconvenience! While CVS runs the pharmacy section of Target, the OTC products are outside of their storefront and are managed by Target. They are not part of the Cooperative Advantage &more network at this time.

### How often can I use my OTC benefit?

Your OTC benefit can be utilized multiple times each month so long as you do not exceed your benefit allowance.

## Common Questions (cont.)

### Can I carry over unused benefit amount to the next benefit period?

Benefit amounts do not carry over from month to month.

### Can I order more than my benefit amount?

You cannot exceed your benefit amount online or by phone. However, when shopping in eligible retail stores, you may pay the difference between items purchased and your benefit amount with another form of payment such as cash or debit/credit card.

### Can I use this benefit for friends and family?

This benefit is only for you and cannot be used for your family or friends.

### What happens if an item I want to order is out of stock?

If your item is not in stock, an item of similar or greater value may be substituted in your order.

### Is there a return policy?

Due to the personal nature of the products, no returns or exchanges are allowed for online and phone orders delivered to your home. If you haven't received your order or if you received a defective or damaged item, please call 1-855-AND-MORE (1-855-263-6673; TTY: 711) within 30 days of placing your order.

Returns of in-store OTC products will be handled at the specific retailer's discretion.

**Note:** Orders for each benefit period must be placed by 10:59pm CST on the last day of the benefit period. For example, OTC orders for the January benefit period must be placed by 10:59pm CST on January 31.

If you disenroll from Group Health Cooperative of Eau Claire, your OTC benefit will automatically end.

\*Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances. For examples, gauze may be covered under Part B when it is being used as prescribed for surgical wound dressing changes.

‡Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention.

This material is for informational purposes only and should not be relied on as medical advice. Please review the product labeling and consult with your doctor with any health or medical questions. We make every effort to provide information that is accurate and timely, but make no guarantee in this regard. If you are experiencing a medical emergency, dial 9-1-1.

This catalog is not an exhaustive list of eligible OTC products or participating retailers. This information is not a complete description of the benefits. The item scanner is provided for your convenience, but accuracy is not guaranteed. Please review your plan materials to learn more about what is covered by your benefits.

Items listed in the catalog do not constitute endorsements by Soda Health & more or your health plan. The brand names of the OTC items are trademarks of each company.

Pricing is subject to change without notice. This product list is subject to change without notice. Items, quantities, sizes, and values may change depending on availability. Items may vary based on the manufacturer and availability, and items may be added or removed at any time without notice.

Cooperative Advantage is an (HMO D-SNP) with a Medicare Contract. Enrollment in Group Health Cooperative of Eau Claire health plan depends on contract renewal.

This information is not a complete description of benefits. Call 1-855-AND-MORE (1-855-263-6673; TTY: 711) for more information. Limitations, copayments, and restrictions may apply. Benefits may change on January 1 of each year.



andmorehealth.com/ghce  
1-855-AND-MORE (1-855-263-6673; TTY: 711)



Items purchased through this program may be reported back to the program sponsor for their operations and administration of the program.

