 KMTSJ, Inc.	DEPARTMENT:	Utilization Management
	SUBJECT:	ETF members with chronic low back pain
	PRODUCT LINE:	ETF
	POLICY NUMBER:	069
	ORIGINAL POLICY EFFECTIVE DATE:	01/01/2014
	LAST REVISED DATE:	N/A
	LAST REVIEWED DATE:	03/01/2024

SCOPE: To ensure Group Health Cooperative of Eau Claire (the Cooperative) State of Wisconsin members are offered the shared decision making/Emmi Solutions tool to insure an optimal regime of conservative care and appropriate treatment for members with low back pain (LBP) prior to surgical consult.


POLICY: It is the Cooperative’s policy to provide State of Wisconsin members the opportunity to review with a health management nurse options for conservative and appropriate treatment for low back pain. Members must have completed conservative measures and review of a shared decision-making tool before receiving authorization to be surgically evaluated by an orthopedist, neurosurgeon or other surgical related consultations.

Procedure:

A monthly report generated from claims identifies members with chronic low back pain. Members with LBP will be contacted for SDM (Shared Decision Making) to ensure conservative measures have been attempted and Emmi videos will be emailed to the member.

- A prior authorization will be required for non-emergent surgical consultations to orthopedists and neurosurgeons.
- Emergent consults for LBP include any of the following conditions and do not require prior authorization.
 - ✓ Trauma
 - ✓ Unexplained weight loss
 - ✓ Age >50 years, especially women, and males with osteoporosis or compression fracture.
 - ✓ Unexplained fever, history of urinary or other infection.
 - ✓ Immunosuppression, diabetes mellitus.
 - ✓ History of cancer.
 - ✓ Intravenous drug use.
 - ✓ Prolonged use of corticosteroids, osteoporosis.
 - ✓ Age >70 years.
 - ✓ Focal neurologic deficit(s) with progressive or disabling symptoms, cauda equina syndrome.
 - ✓ Duration longer than 6 weeks.
 - ✓ Prior surgery.

APPROVED: Michelle Bauer MD. DATE: 03/01/2024

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REVISION HISTORY:

Rev. Date	Revised By/Title	Summary of Revision
01/01/2014	Lynne Komanec/Mgr	Original Document
01/16/2015	Betsy Kelly, RN	Reviewed with no changes.
04/28/2016	Betsy Kelly, RN	Reviewed with no changes.
04/09/2017	Michele Bauer, MD, CMO	Reviewed. No changes.
03/21/2018	Michele Bauer, MD, CMO	Reviewed. No changes.
04/15/2019	Michele Bauer, MD, CMO	Reviewed. No changes.
02/08/2020	Michele Bauer, MD, CMO	Reviewed. No changes.
03/11/2021	Michele Bauer, MD, CMO	Reviewed. No changes.
03/01/2022	Michele Bauer, MD, CMO	Reviewed. No changes.
03/03/2023	Michele Bauer MD, CMO	Reviewed. No changes.
03/01/2024	Michele Bauer, MD, CMO	Reviewed. No changes.