

Model of Care (MOC) Training

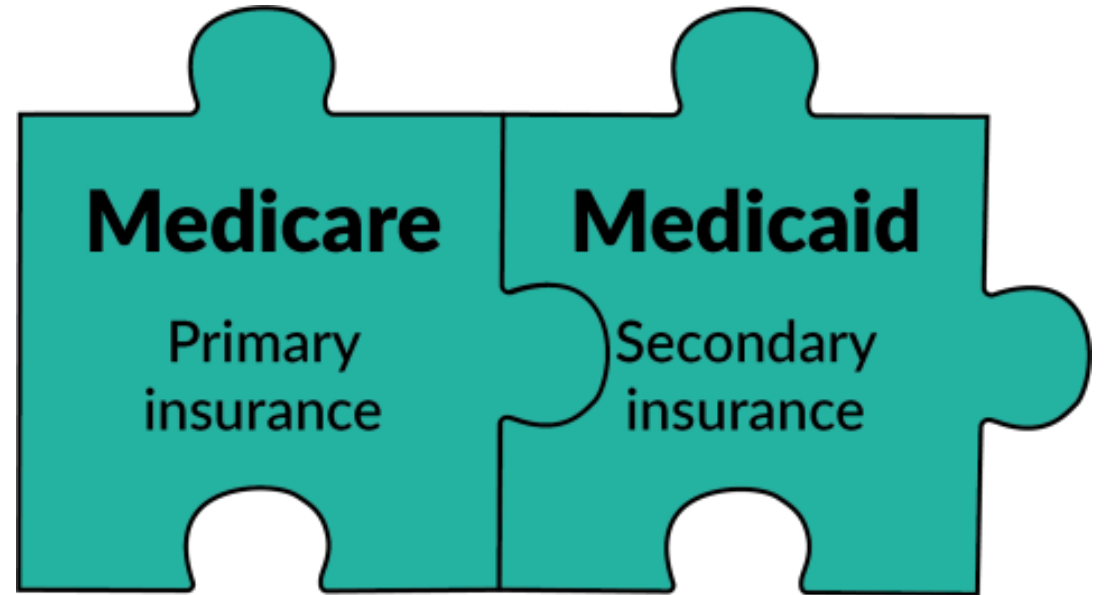
Cooperative Advantage (HMO D-SNP)

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Group Health Cooperative of Eau Claire offers a Dual Special Needs Plan, *Cooperative Advantage* (HMO D-SNP) that is designed specifically for people who are eligible for both Medicare and full Medicaid benefits (called dual-eligible).

Cooperative Advantage combines and coordinates benefits provided under Original Medicare (A and B) and part D prescription drug coverage with Wisconsin Medicaid benefits. Together, one cohesive plan.



Model of Care (MOC) Training

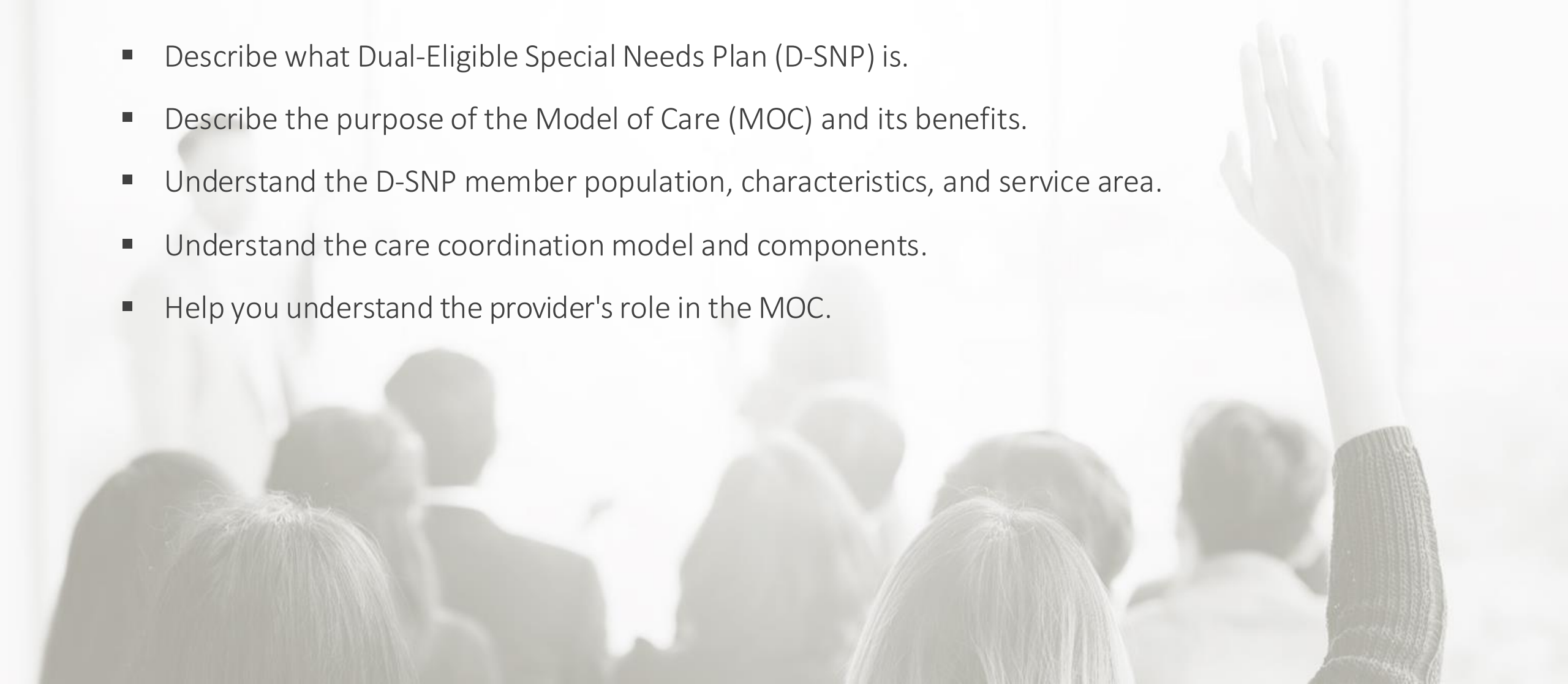
- The Centers for Medicare and Medicaid Services (CMS) requires all Medicare Advantage Special Needs Plans (SNPs) to design and implement a Model of Care (MOC) that details how the Plan will provide specialized care to members.
- CMS requires all SNPs to conduct initial and annual training that reviews the major elements of the MOC for all health plan employees, contracted and out-of-network providers seen by members on a routine basis.

CMS Requirements and Cooperative Advantage Approach



CMS MOC Regulatory Requirement		Cooperative Advantage MOC Process
Health Risk Assessment Tool (HRAT) §42 CFR (f)(1)(i)	1. All D-SNP members must have an initial HRAT within 90 days of enrollment and at least annually thereafter.	<ul style="list-style-type: none"> • A comprehensive HRAT within 90 days of enrollment and at least annually thereafter. • ICT meeting frequency determined by member health status and needs.
Interdisciplinary Care Team (ICT) §42 CFR (f)(1)(iii)	2. All D-SNP members must have an ICT that collaborates in care plan development and implementation.	<ul style="list-style-type: none"> • The case manager is the leader of each member's ICT and coordinates communications with other participants. • Members and their corresponding provider are invited to participate in ICT in writing. • The case manager will invite the member's provider to discuss the member's HRAT results and care plan.

- Describe what Dual-Eligible Special Needs Plan (D-SNP) is.
- Describe the purpose of the Model of Care (MOC) and its benefits.
- Understand the D-SNP member population, characteristics, and service area.
- Understand the care coordination model and components.
- Help you understand the provider's role in the MOC.



What is a D-SNP?



A Dual-Eligible Special Needs Plan (D-SNP) is a Medicare Advantage Plan for individuals who are eligible for both Medicare and Medicaid coverage, and together, provides a cohesive team to coordinate care and benefits to meet the needs of the member. A D-SNP plan is designed to coordinate care in a non-duplicative, collaborative manner, and improve overall quality of care for the member.

Description of the D-SNP Population

Care Coordination

Provider Network

Quality Measurement & Improvement

Description of the D-SNP Population

Member Population Characteristics



Medical Conditions	Behavioral Health	Social and Economic Determinants
Endocrine/metabolic: diabetes, hyperlipidemia	Alzheimer's Disease/Dementia	Poverty
Musculoskeletal/Neuromuscular: osteoarthritis, rheumatoid arthritis, history of fracture, chronic pain	History of Mental Illness	Lack of consistent caregiver or family support
Cardiac: coronary artery disease, cerebral vascular accident	Depression/Anxiety	Housing and food insecurity
Respiratory: chronic obstructive pulmonary disease, history of pneumonia	Schizophrenia	Rural location-transportation and access to care

Description of the D-SNP Population Service Area



The service area includes 44 counties in Southwestern, Central and Northwestern Wisconsin.

Cooperative Advantage Eligibility:

- Are entitled to Medicare Part A.
- Enrolled in Medicare Part B.
- Reside in the service area of Cooperative Advantage.
- Are a U.S. citizen or lawfully present in the United States.
- Eligible and enrolled in Wisconsin Medicaid (full benefit).

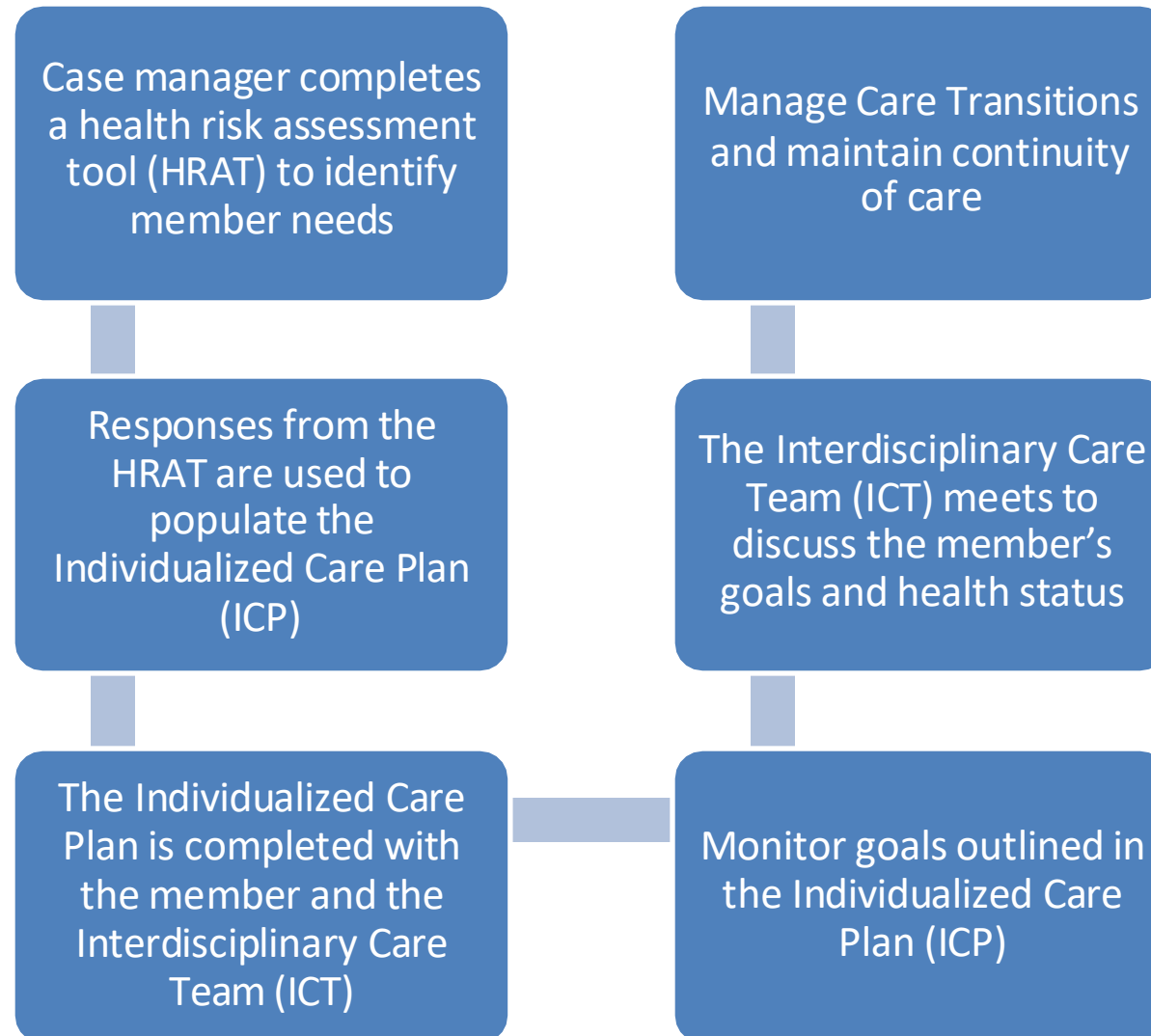


The MOC is designed to:

- Reduce non-essential hospital admissions.
- Maintain members at an optimal level of function.
- Increase compliance with appropriate preventative screenings.
- Increase compliance with clinical practice guidelines.
- Enhance identification and address health care concerns earlier to optimize member health.
- Improve management of chronic disease through goal setting.
- Improve communication and collaboration related to member care.

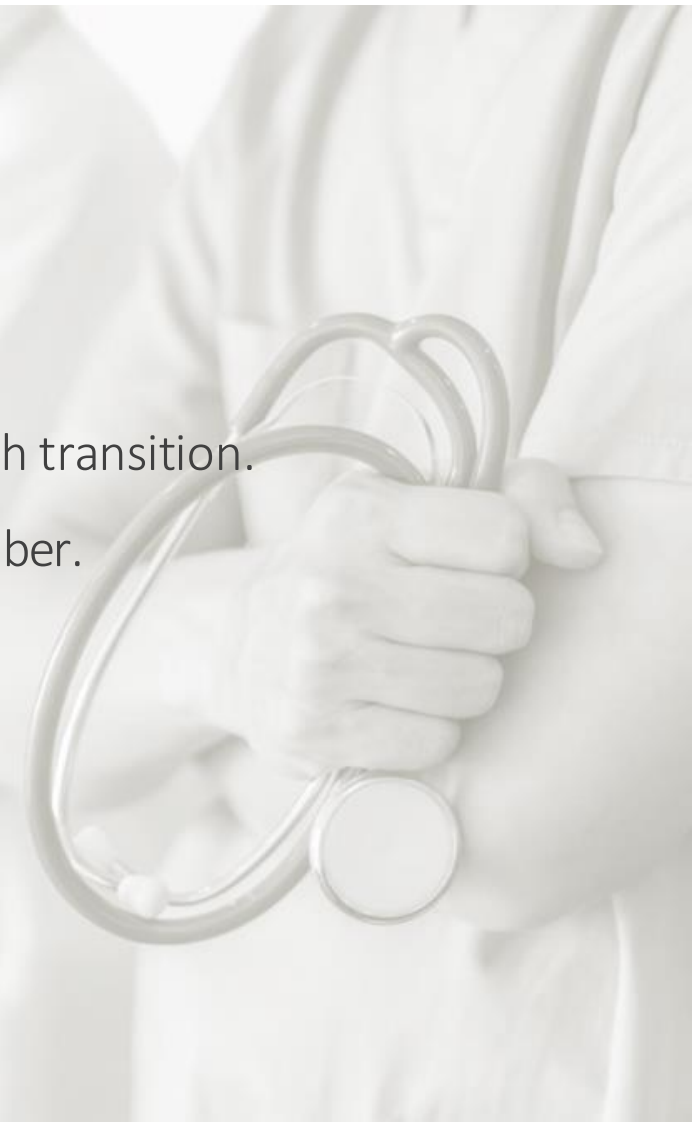
Care Coordination

Care Model Management



Case manager role

- Assigned to each member.
- Liaison between the provider and member.
- Monitors each member and alerts provider to changes in member health transition.
- Partners with the provider to coordinate care and follow-up for the member.



Care Coordination

Health Risk Assessment Tool (HRAT)



- Conducted by the care management coordinator, the HRAT identifies the medical, psychosocial, cognitive, functional and mental health needs of each member.
- The member is reassessed annually.
- HRAT findings are used to develop and update the member's care plan.

Care Coordination

Individualized Care Plan (ICP)



- Tailored to the needs and preferences of the member as identified by the HRAT.
- Shared with member/responsible party, the Primary Care Physician and key specialists when updates are made to the ICP.
- Clinical practice guidelines applied.
- Reviewed/updated by the ICT annually and with significant changes.

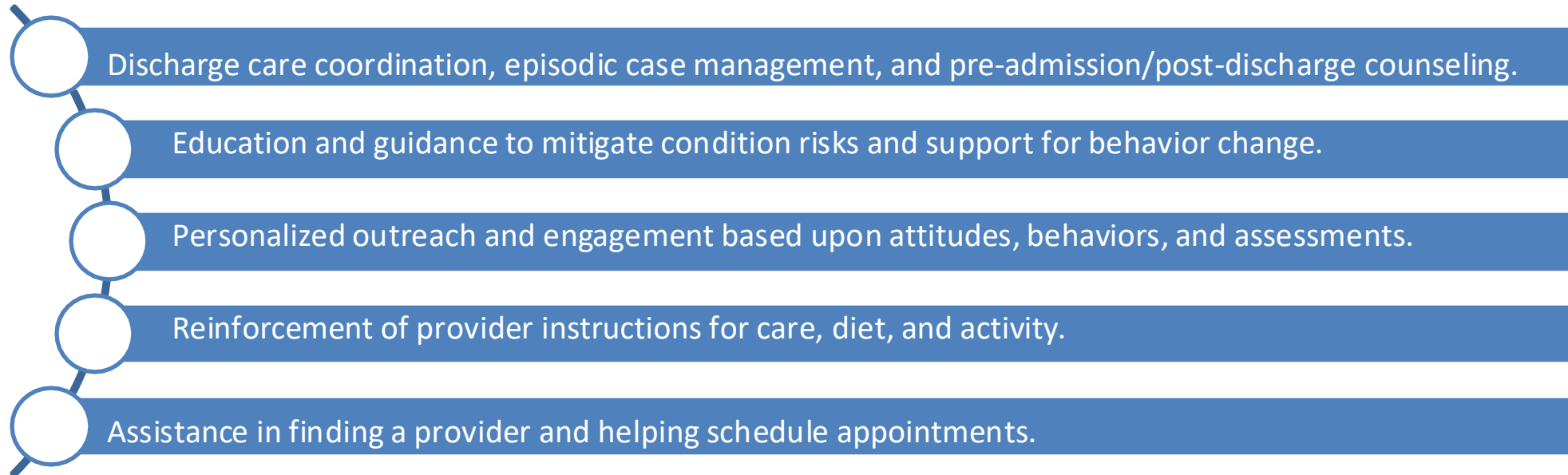
Care Coordination

Individualized Care Team (ICT)



- Every member has an ICT tailored to the needs identified on the HRAT and the care plan.
- The ICT oversees and coordinates the member's care plan.
- The ICT includes the case manager, the PCP, specialists, and member's support people and the member. Additional participants may be added as needed.
- Case manager coordinates communications among ICT members and arranges care conferences.

Case managers manage transitions of care for members to facilitate continuity of care and promote member safety. During care transitions, members can be provided with:

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- A vertical list of five items, each preceded by a white circle with a blue outline. The circles are connected by a thin blue line that curves to the left. Each circle is positioned at the top left of a blue horizontal bar containing the text.
- Discharge care coordination, episodic case management, and pre-admission/post-discharge counseling.
 - Education and guidance to mitigate condition risks and support for behavior change.
 - Personalized outreach and engagement based upon attitudes, behaviors, and assessments.
 - Reinforcement of provider instructions for care, diet, and activity.
 - Assistance in finding a provider and helping schedule appointments.

- Cooperative Advantage maintains a comprehensive network of primary care providers and specialists.
 - Includes providers with specialized expertise in chronic conditions that routinely affect the D-SNP population.
- All contracted providers are credentialed and recredentialed according to NCQA requirements.
- A network adequacy report is completed annually to ensure that members have access to providers.

Provider Network

Provider Responsibilities



Our provider partners respond to our members' needs by:

Collaborating with the case manager and ICT assigned to the Cooperative Advantage member

Involving family members and caregivers in healthcare decisions, as the member chooses

Overseeing the member's care plan and participating in ICT meetings

Completing physical exams

Understanding the MOC for our members by completing this training

Delivering care in accordance with appropriate evidence-based guidelines

Reviewing and responding to patient-specific information

Adhering to HEDIS and other CMS required quality measures

Quality Measurement & Improvement

Use of Clinical Practice Guidelines



Cooperative Advantage promotes the use of national clinical practice guidelines with internal staff and our network providers.

Quality Measurement & Improvement

Model of Care Quality Measures



- Measurable Goals and Health Outcomes**
- HEDIS®
 - Chronic condition management
 - Medication adherence
 - Utilization
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- Compliance with CMS required MOC processes**
- HRAT and care plan completion rates
 - Timely member visits
 - Care transitions management
 - Staff and provider MOC training
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- Member Satisfaction**
- Cooperative Advantage satisfaction survey conducted once per year

Annual Evaluation of the MOC

- Formal evaluation of MOC effectiveness led by Cooperative Advantage Quality Improvement department.

Data is collected, analyzed, and evaluated regularly from each domain of care to monitor performance and identify areas for improvement and to ensure program goals have been met.